WINCHESTER SKATING CLUB RETURN TO SKATING PROTOCOL SKATER/ COACH/ MUSIC PLAYER/ PROGRAM ASSISTANT/ BOARD MEMBER September 20, 2020 (V3)

The Winchester Skating Club (WSC) return to skating protocols have been developed in conjunction with the guidance provided by Skate Ontario, the Township of North Dundas and the Eastern Ontario Health Unit.

IMPORTANT: Prior to the start of the season

All skaters, coaches, program assistants, volunteers, and board members are required to complete and sign a Skate Ontario Waiver and email it to <u>winchesterskatingclub@live.ca</u>.

ENTRY PROCEDURES FOR THE WINCHESTER ARENA:

- Complete your MANDATORY DAILY Health Screening on the TeamSnap app
- Arrival must not be any more than 15 minutes before the scheduled ice time;
- Upon arrival at the rink, skaters, coaches, music players, and program assistants are to use the front doors;
- All skaters and spectators are required to sign-in upon arrival at the rink.
- Parents/guardians will have to provide a cell number where they can be reached in case of an emergency on the ice. It is recommended parents or guardians stay within a few minutes of travel to the rink while their player is on the ice.
- Masks are mandatory at all times in all facility areas except on the ice surface. All skaters, coaches, music players, and program assistants must wear a mask to enter the facility.
- ALL SKATERS, COACHES, MUSIC PLAYERS, AND PROGRAM ASSISTANTS MUST USE HAND SANITIZER AT THE DOOR, BEFORE ENTERING THE BUILDING;
- Please ensure you check the "white board" which will confirm the dressing room(s) to be used for your session that day. Dressing rooms 1 and 2, follow arrows to the right. Dressing rooms 3, 4 and 5, follow arrows to the left;
- It is highly recommended that skaters, PAs, and coaches come to the rink fully dressed;
- Skaters and coaches using dressing rooms 1 and 2 will enter the rink surface from the right side of the arena (entrance under music room); skaters and coaches using dressing rooms 3-5 will enter the rink surface from the left side of the arena (closest to the washrooms);
- Maximum number of people (including persons assisting with skate tying) in a Dressing Room is 10;
- Masks can be removed only as skaters walk out onto the ice surface;
- Skaters are not required to wear a mask when training, however, it is optional.

BEST PRACTICES FOR ALL

- Always sanitize before and after entry and exit of the facility.
- Use elbows to open automatic doors.
- Upon entering / exiting the ice surface, skaters must maintain a minimum TWO meter distance for the duration of the skate from coaches and other skaters.
- No showering is permitted.
- Washrooms are available for use but physical distancing must be maintained.
- It is highly recommended that each skater has their own "FIRST AID KIT" including hand sanitizer, Band-Aids, Kleenex etc.
- If you have any questions or if you or a person in your household show any symptoms, please contact a WSC COVID-19 team member by emailing the club at <u>winchesterskatingclub@live.ca</u>.

WSC RETURN TO SKATING PROTOCOL SPECTATORS/ PARENT/ GUARDIAN

September 20, 2020 (V2)

The Winchester Skating Club (WSC) return to skating protocols have been developed in conjunction with the guidance provided by Skate Ontario, the Township of North Dundas and the Eastern Ontario Health Unit.

ONE SPECTATOR PER SKATER 1:1 RATIO - NO EXCEPTIONS

ENTRY PROCEDURES FOR THE WINCHESTER ARENA:

- Complete your MANDATORY DAILY Health Screening;
- PLEASE USE THE HAND SANITIZER BEFORE ENTERING THE ARENA;
- You must wear a mask at ALL times in the Arena;
- Upon arrival at the rink, use the front doors where you will be greeted by a screener who is responsible for ensuring your health check is complete, and complete tracking. You must sign the acknowledgement of risk form and include your full name and telephone number for contact tracing purposes. Please bring your own pen;
- One spectator per skater is permitted to enter the rink at the BEGINNING of the skating session and not before;
- Upon entering, follow the arrows to the right and enter the stands.
- Keep your physical distance while you make your way to your seat and stay in your seat for the duration of the skating session.
- If you need to return to the lobby for any reason during the skating session (ie use the washroom, canteen), you must exit through the far back doors of the ice surface area, and come back around the building to re-enter the Arena at the front door.

EXIT PROCEDURES FOR THE WINCHESTER ARENA:

• When the session has ended, spectators must exit through the far back doors of the ice surface area and come back around the outside of the building to meet your child outside the facility, at the south side doors.

• Masks can be removed only as you exit the building.

EXCEPTION:

- If your skater requires assistance with equipment before their session, one person may enter the Arena and proceed to the skater's assigned dressing room or at the chairs in the lobby. Physical distancing of 2m is required at all times, except for persons from your household or social bubble. Once complete, you must immediately enter the stands as a spectator, or leave the building via the appropriate exit.
- If you need to help your skater remove their skates etc. at the end of the skating session, please re-enter the arena at the front door, following the above protocol for entering the arena.

BEST PRACTICES FOR ALL

- Always sanitize before and after entry and exit of the facility.
- Use elbows to open automatic doors.

If you have any questions or if you or a person in your household show any symptoms, please email <u>winchesterskatingclub@live.ca</u>

We ask for your support and assistance with these protocols. They are in place to keep YOU, YOUR SKATER and YOUR COACH safe.

If the rules are not followed, we will lose the right to have spectators at our sessions. We are stronger together... please follow and respect the rules.